



ZONTA CLUB OF DENVER



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Zonta International President Dianne Curtis, photo © Zonta International



By Beth M, ZCD Delegate

Our August meeting in Liz's garden is such a fun evening that I thought rather than compete with great conversations and the singing locusts, I would take up space in the next few *Smoke Signals* to give my report as your elected delegate.

For those of you who have not had the opportunity to attend an international convention, I hope you will next time (Torino, Italy) or down the road. For me, the “big picture” of Zonta revealed itself; the work we do locally is given context in the large scope of the international projects we, yes WE, help support. Previously for me it was a little daunting to make the connection between what we do at Delores Project, Women's Bean Project, Empowerment Program, etc., to the Biennium goals set forth at Convention. Now I get it. We address local issues concerning the advancement of the status of women, with our service and funds. At the international level our dues, donations, voices, self education

and votes serve a vital need of supporting the mission of Zonta around the world by helping women in places we might never have the chance to visit, but who very much need us.

I have heard varying opinions about the International Board; good and not so much, but they/we have the significant task of meeting our mission, and the more we can learn to work together instead of against each other is ultimately the “model” to achieving said goals. That's my opinion anyway; do I agree with everything? No, but convention is where our voices are heard.

I was honored to represent you all and took each vote very seriously. I voted on the new leadership positions, new international board and committee chairs, etc. They have their work cut out for them; this past biennium was challenging and very difficult decisions were made. I am a bit “geekish”, but I think it is cool that each time I look at *The Zontian* I am now able to say, “Hey I know who that is!”

Continued on page 7

President, Kathy Hyzer

Smoke Signal Editor, Judy McNerny

PRESIDENT'S MESSAGE

Greetings,

We are truly in the “dog days” of summer. It is HOT, HOT, HOT. We also had a “HOT” time this afternoon (with air conditioning, thank goodness) at Judy Bederman’s beautiful home. Judy prepared a delicious lunch for us. Be sure to try the recipe for her chicken dish that is printed below on this page. We also worked on making the scarves that we will be selling at the District Conference in the fall, and hopefully a couple of other places. We’ll bring some to our next meeting for you to admire – and hopefully buy a few.

The wine tasting at Solera on July 12 was a lovely event. In addition to a portion of the proceeds from the evening, our club also gets 20% of the profit from any wine that was featured at the tasting. If you couldn’t attend and want to support the club, you can purchase the wine from Mayfair Liquors through the end of July. You will get the special pricing and Zonta



will get 20%. That’s a great deal. Just stop in the store and ask for the program from the wine tasting.

The August meeting is always such a treat for our club. We’ll be meeting once again at Liz Cameron’s beautiful home and garden in the Park Hill neighborhood. It

will be a great kick-off for our year, and a time to sample everyone’s favorite dishes – that is always such a treat. Beth will also give us a summary of her experiences at the International Conference in San Antonio. She says she doesn’t want to bore us, but I find it fascinating, and I know you will too. We had a number of members attend, and they might want to offer some comments too.

I know many of us are hosting family reunions, travelling, going to Rockies games, etc this summer. Enjoy whatever it is that you are planning, and STAY COOL!

—YIZ, Kathy

ZONTIANS IN THE KITCHEN

CHICKEN AND WILD RICE CASSEROLE

a variation on Paula Deen’s recipe – serves 6-8

Ingredients:

- 3 cups cooked diced chicken
- 1 6-oz. box long grain and wild rice prepared per directions
- 1 4-oz. jar diced pimentos
- 1 8-oz. can water chestnuts, drained and chopped
- 1 10³/₄ oz. can condensed cream of celery soup
- 3/4 cup mayonnaise
- 1 cup finely shredded sharp cheddar cheese

Directions:

Mix the first 6 ingredients together. Pour into 3 qt. buttered casserole dish. Bake covered at 350 degrees for 25 minutes. Top with cheese and heat until bubbly.

MARGARITA FRUIT SALAD

a variation on a recipe from Cuervo – serves 8

Ingredients:

- cantaloupe cut into small chunks (about 3 cups)
- pineapple cut into small chunks (about 3 cups)
- 4 cups fresh strawberries sliced
- 1/2 cup margarita mix
- 2 tablespoons honey
- 2 teaspoons fresh lime juice (key limes are best)

Directions:

Mix liquids together and set aside. Assemble fruit. Pour dressing over fruit and gently mix well. Chill.

Recipes compliments of Judy B.
Taste-testing and compliments
from 16 ZCD members!

AUGUST MEETING

- Where:** Liz Cameron's Garden of Eden
6235 E. Montview Blvd.
Northeast corner of Montview and
Leyden
(park on Leyden and come in through
side gate)
- When:** Thursday, August 12, 2010
5:30pm – Social Hour
6:00pm – Dinner
- Menu:** Potluck – bring good food to share –
one of your favorite specialty dishes!
Plan to take your leftovers and dishes
home with you
- Cost:** \$10.00 to cover the cost of wine and
soft drinks

RESERVATIONS: Please RSVP to Kate Linscott
no later than Monday, August 9th at noon at
(303) 520-8136 or clinscott14@msn.com.

JUNE PROGRAM: Those who attended the
Zonta International Convention in San Antonio will
give updates on the important issues that were
covered and new things to look forward to in the
future. Hopefully, they will also have some funny
and interesting stories to tell about their travels!

Join us for this fun evening in Liz's beautiful
backyard where we can all relax, socialize and catch
up on everyone's fun summer. This would be a
great opportunity to bring a guest or two! Great
food and great friends! See you in August!

**Remember to call if you can't come, otherwise
you will be billed for the dinner.**

August Board Meeting—

August 26 at Wendy's

Happy Birthdays to—

Judy A—July 29

Lucille Ball—August 6

Mary B, Jacki S —August 10

Julia Child—August 15

Mother Teresa and Geraldine Ferraro—August 26

Permanent Reservations

Should your name be listed here?

Carroll Allen	Kate Linscott
Judy Bederman	Cheryl McHugh
Mary Benoit	Judy McNerny
Sheila Davis	Wendy Moraskie
Nikki Headlee	Beth Mundell
Cynthia Herndon	Linda Rhea
Kathy Hyzer	Dorothy Swindt
Dottie Jenkins	Joetta Williams

THANK YOU NOTE

Hello Nikki,

Enclosed please find my check for \$25 as a
donation back to Zonta Denver Chapter from my
presentation sales last week.

I had a lovely time meeting you ladies and really
enjoyed your meeting.

Travel in safety,

Jane Stanfield

Where is She Heading

*Ed. Note: If you missed Jane's presentation about volunteer
vacations at the June meeting, check out her website,
www.janestanfieldwish.com.*

Member News— Beth's new car? ↓





FUND RAISING COMMITTEE

Wine Tasting at Solera - July 12th

Ten of our members and several community members enjoyed summer wines and appetizers on the 12th. We will have the final numbers for what we gained next month. Any orders placed by our members before August 1st at Mayfair Liquors for the featured wines will add to our net. We may not do as well as last year because fewer members attended and subsequently, there were fewer guests.

Scarf Making Party - July 17th

We had fun at our second scarf-making party and made some great additions to our scarf inventory! Kathy Hyzer taught us to knit cute scarves that take only a couple of hours to make and she purchased beautiful yarns for that purpose. A BIG thank you goes to the 16 members that helped! We're so excited to have our 6 new members as part of FR!

—Judy B

PR/COMMUNICATIONS

Where's Your Name Tag? Wear Your Name Tag!

We have six new members and are hoping for many more. Let's make sure all guests know who the friendly people are by wearing our name tags. Mine is right by the back door, but that hasn't helped. I may have to put it in my purse to remember to bring it with me...

Please Help Us Corral Those Brochures and Folding Cards

Several of us have medium-sized supplies of ZCD brochures and the folding business cards lying around at home, left over from one event or another. The PR

committee would like to gather them all up so they're available for events and for resupplying members. If you have more than you currently need, please bring the extras to the August meeting at Liz's.

Bring a Guest to the Next Meeting

Isn't a Zonta Club of Denver monthly meeting a great place to hang out? How about bringing that nice co-worker or friendly neighbor or fellow exerciser to the next meeting to share the experience? We'd love to meet them, and they might like to be new members...

—Wendy

SERVICE COMMITTEE

ZONTIANS LOVE SERVICE

So here we go for another year of service.

GRANTS

The grant application is currently being revised. While that is in the works the Service Committee would like club members to suggest organizations that work to improve the Status of Women that could apply for a grant. Please contact anyone on the Service Committee with suggestions.

DRESS FOR SUCCESS

The plans are in the works to collect clothes and

accessories for Dress for Success. We would like to do this at the October, January and April meetings. In October we will be collecting accessories only since they have plenty of clothes for the rest of the year. The accessories should include shoes, purses, costume jewelry, and scarves. All of these items should be gently used. Also if you have brand new, never-been-used underwear, or you see underwear on sale, that is always appreciated. Please continue to save clothes because after the first of the year they will probably need more.

THE DELORES PROJECT

I would like to thank everyone that helped with the dinners at Delores while I was gone in May and June. We just completed another successful dinner on Sunday the 18th. I would encourage all of you to volunteer at least once to gain an understanding of what it like at The Delores Project. This is a perfect time of year to go because it is still light when we arrive and when we leave. Also thanks to everyone that donated coffee cups and mugs. This is an on going need so search your cabinets, and keep your eyes out at garage sales and second hand stores. Please bring donations to the club meetings.

SERVICE HOURS

I would like to thank Carroll Allen for agreeing to keep the service hours for the year. So keep track of your hours and send them to Carroll.

ZONTA BAGS

I am still collecting Zonta bags for the women at risk of being trafficked in Guatemala. I will do the shipping just bring the bags to me at the next meeting or any time.

THANK YOU

Going forward, thanks for all you do. The Service Committee is looking forward to a wonderful year.

—Mary



THE WISH LIST

Ongoing needs, the stuff there is never enough of:

- Liquid hand soap (gallon size preferred)
- Disposable gloves (latex medical and food service)
- Multipurpose cleaner, bleach (gallon refill size preferred)
- Trash bags (all sizes)
- Household items, new or used
- Coffee cups
- Silverware, serving utensils
- Brooms, dust pans, vacuums
- Bath towels, wash cloths
- Blankets, quilts (twin size preferred)

- Pillows, pillowcases (standard size preferred)
- Water pitchers (plastic preferred)
- They are very picky about the clothes they accept, because their storage space is limited. They can always use:
 - New underwear
 - New T-shirts (including promotional t-shirts from an event)
 - New sweat pants and shirts
 - New socks
- Here are the long term items needed:
 - Mattress covers, twin bed, vinyl
 - Pillow covers, vinyl
 - Professional restaurant type carafes
 - Bus tubs for dirty dishes
 - Chairs for dining room
 - Sleep mats, cots, blow up mattresses for overflow clients
 - Rubbermaid style bins for clients' belongings

- Shower curtains, narrow, industrial, locker-room style
- Single beds, metal
- Laundry cart with sides
- Since there would only be so much room for these items it would be prudent to contact The Delores Project before donating.
- A carpet cleaning service willing to clean carpets, no charge.
- The Service Committee will continue to collect beverages for The Delores Project at club meetings—coffee, tea, hot chocolate or any other dry drink mixes. So as you shop, clip coupons or just generally feel like making the lives of the women at Delores better please purchase some beverages. You may also bring the beverages when you come to serve dinner.



From The Delores Project e-newsletter—

“Have you ever thought what it'd be like to have a family or household of 50 people? Probably not, but that's exactly what we've got here at The Delores Project. Of course this means laundry for 50 people, meals for 50 people, hygiene items for 50

people. Yep, it's a lot of work to make sure that everyone in the Delores household feels comfortable and welcome while they are here. And that's exactly what happens here at The Delores Project with the help of hundreds of dedicated volunteers.”

ADVOCACY COMMITTEE

CEDAW.....AGAIN? STILL?

Would you believe that we are at it again? Trying to have CEDAW ratified by the United States? The ONLY industrialized nation who has not ratified the only instrument to protect women.

It's definitely time for major action to push this through once and for all. And that means working together and working hard. If you truly believe in this issue, you won't be shy about saying so to your elected officials.

Remember—they need our vote! No matter how much money is poured into a campaign, they still need our vote. Let Colorado Senators know what you want.

Representing Colorado for Zonta as the District 12 LAA, it is my plan to reach out to our three other states, Montana, South Dakota and Wyoming to form a coalition that will show the power of numbers and the strength of women's power.

I recently received an email newsletter from DĒMOS, a non-partisan public policy research and advocacy organization founded in 2000. DĒMOS has a project called the Women's Leadership Initiative headed by Linda Tar-Whelan, former Ambassador to the United Nations Commission on the Status of Women, former Deputy Assistant for Women's Concerns under President Carter, and a DĒMOS Distinguished Senior Fellow. Ms. Tar-Whelan, at the end of her article, *The Unfinished Business of Ratification*, gives us the action items to move forward:

- Sign up at www.cedaw2010.org to get all the latest information.
- Write a letter to the editor of your local paper to say why you personally feel that it is imperative for the US to join the rest of the world on speaking up for the equality of women and girls. It is a shame

to turn our backs on international cooperation and stand with the only other non-ratifying nations—Sudan, Iran, Somalia, Nauru, Palau and Tonga—instead of being a global leader.

- Write your Senators to ask them to vote for women this year and ratify CEDAW. Be sure to write a personal story if you can about why this matters.
- Write President Obama and ask for quick action in 2010. Thirty years is long enough to wait for the United States to stand up and be counted.
- Check the list of organizations that are supporting CEDAW and if Zonta is not listed start the process of joining the campaign.
- If you are a student, schedule a program or event on campus and online to spread the word.

Below are a few web sites that have much more information. Look them up and get on their email lists for continued updated information.

DĒMOS

www.demos.org—click on Projects & Affiliates to learn about the Women's Leadership Initiative

National Council for Research on Women (a network of 120 leading research, policy and advocacy centers committed to improving the lives of women and girls)
www.ncrw.org

League of Women Voters (for information about who represents you)
www.lwv.org

Ratification of CEDAW requires 67 votes in the Senate. Imagine the impact if we all get behind the effort! CEDAW HAS NEVER BEEN BROUGHT TO THE FLOOR OF THE SENATE FOR A VOTE!

But it can be done if we join forces.

—Alice B.

Rules of Marriage (as described by kids)

Q. WHEN IS IT OKAY TO KISS SOMEONE?

A. When they're rich.

—Pam, age 7

CLUB TREASURER

At the August meeting, club members will be asked to approve a Board proposal involving the Discretionary Fund.

For new members, the Discretionary Fund is sort of the club's savings account (although the funds are invested and earn a little more than a savings account). This fund is used to pay the expenses for our delegate to attend District Conferences and International Conventions. Also, if we end the fiscal year with a deficit, we "plug" the budget by moving the amount of the deficit from the Discretionary Fund to the club's Operating Fund. This allows us to avoid raising club membership dues.

For the past several years, we have had at least \$9,000

in the checking account after reimbursement from Discretionary. We have that additional money in the checking account because there were some years, in the distant past, when we took more money in than went out. In accounting terms that is called net assets. Our accountant has advised us to keep a minimum of \$5,000 in the checking account.

We ended the 2009-10 fiscal year with a deficit of \$1,678.71. The Board, at its July meeting, voted not to reimburse Operating from Discretionary this time. Now we will ask for the members' approval.

We also will be presenting the proposed 2010-2011 budget for Club approval.

---Nikki H.

Continued from page 1



With regard to bylaws amendments, the voting took 12 hours for 27 amendments and 4 resolutions (that was one long day). I will put together a spreadsheet to cover all of the votes rather than go through each one. Some of the results you will be happy about, some not. Some only had to do with the change of a few words; some created a firestorm of discussion that seemed unending. That being said (this is for all you Parliamentarian Geeks out there), I learned a boat-load of Parliamentary Procedure. Some folks know it well, some have no idea but keep trying, some think it cumbersome and old fashioned and sometimes even President Beryl Sten and others at the podium needed help with procedure. The official Parliamentarian Betty Green had her expertise requested frequently and had her own questions of herself (wuh?). Why is it still used? I am told because of our work with the



UN programs, true or not, I personally have no idea how to wrangle the questions and comments of 31,354 Zontians from all over the world without it. Probably the most contentious votes had to do with raising International dues \$15 US a year (*passed*), followed by an amendment (*not passed*) that would require local clubs to invite new members only if they are "...actively engaged in a recognized business or profession in a decision-making capacity" (read *not* retired).

If you want to discuss either of these at the August meeting, please let Kathy Hyzer know so it can be included in the agenda or give me a call.

Okay...enough...but trust me, there will be more!

-Respectfully submitted by Beth Mundell

Q. IS IT BETTER TO BE SINGLE OR MARRIED?

A. It's better for girls to be single but not for boys. Boys need someone to clean up after them.

—Anita, age 9

MEMBER HIGHLIGHT

Sue Kruger – 101

Originally from Minnesota, Sue has lived in Denver long enough to have earned native status. A retired Wheat Ridge High School teacher barely scratches the surface. I met Sue when I was elected to my HOA Board at Cedar Pointe Condos in 1997 or so. I served on the HOA board for at least 10 years, but Sue, who has owned her stunning condo since the mid-80's, serves on the HOA Board still; she takes her commitment to community very seriously. I have no doubt Zonta Denver will benefit from her passion about giving back. Let it be known that you can ask Sue to participate in just about anything; however, she has great boundaries (maybe she will give lessons?)

Sue lives a really interesting life. Ask her about teaching in New Zealand, or studying cooking in Paris (Le Cordon Bleu *and* has spent time with Julia Child). As an extraordinary cook, nay, Chef, I have personally

benefited from her advice and encouragement, and am actually beginning to learn to actually cook real food.

Ask her about her “retirement career” with the National Restaurant Association. Sue loves skiing and oversees the volunteers at the World Cup races in Vail and Aspen. She also volunteers for Winter Olympics at the men’s Alpine events (yes, those races that are fast, scary and steep).

Traveling with her sisters, who still live in Minnesota, always seems to be an adventure; they managed to be in China at the height of the Bird Flu and her photos all sport the required face mask! They just spent time in Taos, New Mexico where Sue’s passion for art and fun was plentifully served.

Sue embraces life and you will enjoy getting to know her. I am thrilled to have her as a member and a friend.

—Beth

New Publication for Woman Entrepreneurs

Mary passed along the following invitation she received from an acquaintance in case it might be of interest to some club members—

Greetings Fellow Entrepreneurs:

I've recently become a contributing writer for a new magazine that is

dedicated to heart-centered entrepreneurs. Star Lee Magazine, launched earlier this year, provides a much needed resource and community for conscious female entrepreneurs seeking work-life balance while remaining true to their values.

It is the embodiment of publisher Star Lee Ladin’s clarity of vision for what entrepreneurs need to reach

success. The magazine’s editorial content provides valuable insight and encouragement for all levels of entrepreneurs, from those of you just starting out with a dream of your own business to those of you already successfully leading 7-figure businesses from home.

As a contributor, I was able to get you a 2010 subscription to the magazine for FREE. All you have to do is pay the shipping and handling for only \$5.00.

Simply go to <http://www.starleemagazine.com/sandra/> and enter in the coupon code **SWSLM10** at checkout.

You can find more information about Star Lee Magazine by visiting their website, Facebook or Twitter pages. Look for my article!

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WHEN: September 25, 2010 (SAVE THE DATE)

PRESENTED BY:

Human Trafficking Task Force of Southern Colorado
Youth With A Mission Strategic Frontiers
Zonta Club of the Pikes Peak Area

Additional information soon on: www.ht-colorado.org
No charge – donations appreciated



Human Trafficking Task Force of Southern Colorado

Vision: To end human trafficking, thereby reducing suffering and making our community safer.

Mission: To build a collaboration of organizations and individuals to reduce human suffering caused by human trafficking, through advocacy, awareness, rehabilitation, and services for survivors.

For further information, please contact: bredwards12@aol.com

Making Scarves with ZCD





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The Institute for Women's Studies and Services offers a rigorous, multi-disciplinary curriculum in women's studies and provides services to support present and future success for students.





Zonta Club of Denver

Member of Zonta International

Advancing the Status of Women Worldwide

P.O. Box 2665

Denver, Colorado 80201

We're on the Web!

Visit us at www.zonta-denver.org

Upcoming Calendar Events – Save the Date!

July 29	Judy A's birthday
August 10	Mary B's and Jacki S's birthdays
August 12	August Club Meeting (Liz C's Garden)
August 26	Board Meeting (Wendy M's)
Sept 9	Pam D's birthday
Sept 9	September Club Meeting
Sept 13	Sheila D's birthday

Sept 22	Liz C's birthday
Sept 25	3rd Human Trafficking Awareness Symposium, Colorado Springs
Sept 30-Oct 2	District 12 Conference-Laramie, WY
Oct 14	October Club Meeting
Nov 11	November Club Meeting
Nov 25	Thanksgiving Day
Dec 9	Holiday Club Party